



December 21, 2021

BIG 6 TOWERS NORC PROGRAM

NOTICE

Dear Older Adults Residing in Big 6 Towers:

With the rise in COVID cases due to the Omicron variant, and in an effort to continue to keep employees and clients safe, Selfhelp Community Services Big 6 NORC Program will be pausing all in-person programming, home/office visits, nursing visits and housekeeping, starting December 22, 2021 until further notice. **All individual and group NORC services will be provided virtually.**

NORC STAFF LIST

Theodora Ziongas, M.A.,
Director

Ruth Cassidy, LMSW
Social Worker

Gladys Ofori, MSW
Social Worker

Vanessa Kochupaul, RN
NORC Nurse
(Available Thursdays only)

Noel Lee
Home Assistant

For more information and to request NORC services, please call the NORC office at 718-565-6569, leave a message and someone will return your call.

**All services are available to older adults aged 60+ living in Big 6 Towers without regard to race, religion, gender, or sexual orientation.
Funded by the New York City Department for the Aging.**